

The Goal of Sound Doctrine

1 Timothy 1:3-7

Introduction: There is something far more important than our physical health, and that is our spiritual health.

1 Timothy 4:8

The word “sound” is a medical term.

Matthew 12:13; 15:31; Mark 5:34; Luke 5:31; Acts 4:10; 3 John 2

Sound doctrine is doctrine or teaching that produces spiritual health in the person who hears it and obeys it.

Key Truth: The Gospel will begin a work in you from which love springs forth.

Observations about the False Teachers:

1. They were teaching different doctrine.

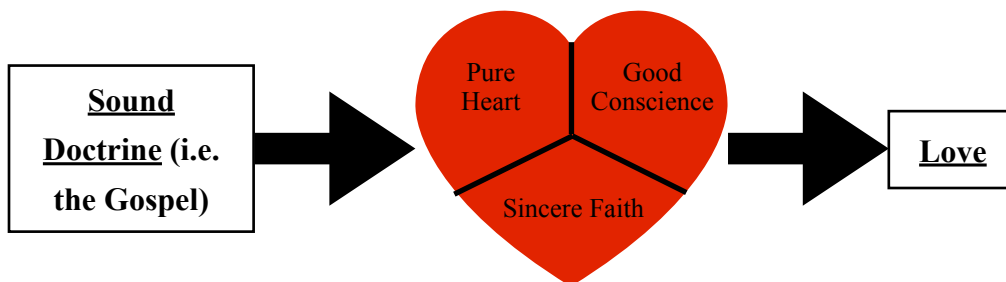
Sound doctrine is teaching that accords with the Gospel.

2. They were devoted to myths and endless genealogies.

3. The result was a focus on speculations.

The Gospel was being sidelined so that useless speculations could be entertained!

Wherever the Gospel is at the center, love will be flourishing.



I. Pure Heart

A. The Heart is Purified by the Gospel

Titus 2:11-14; Ephesians 5:25-26

B. The Heart Must Be Kept Pure by the Gospel

2 Corinthians 7:1

Personal holiness (purity of heart) will always produce love. Where love is absent, personal holiness is most assuredly absent.

II. Good Conscience

According to Scripture your conscience has a three-fold function:

- 1) it urges right and hinders wrong;
- 2) it passes judgment on thoughts and actions;
- 3) it produces guilt.

III. Sincere Faith

Galatians 5:6, “For in Christ Jesus neither circumcision nor uncircumcision counts for anything, but only faith working through love.”

True faith always expresses itself in love.